



Stressbusters # 3

Calm and Relaxed! Psalm 23:2

Pastor Bobby Garvin

**KEY TAKE AWAY: I WILL REMAIN CALM AND RELAXED!**

**Three Principles**

**Rest In The Presence Of The Lord**

**RELY ON THE PROVISION OF THE LORD**

**BE REFRESHED WITH THE PEACE OF THE LORD**

\* STOP

\* LOOK

\* LISTEN