

RELEASING YOUR REGRETS
Where Is God When It Hurts? – Part 6
Pastor Bobby Garvin

REGRETS: WHAT DO WE NORMALLY DO WITH THEM?

1. We usually bury them (Psalms 19:12; Proverbs 28:13)
2. WE BLAME OTHERS (Psalms 50:20)
3. WE BEAT OURSELVES Up (Psalms 38:4-8)

REGRETS: WHAT SHOULD WE DO?

1. ADMIT IT (Psalms 51:3; 32:5)
2. ACCEPT GOD'S FORGIVENESS (Romans 8:1; Psalms 103:3, 12 Isaiah 38:17; John 3:17)
3. FORGIVE YOURSELF AND FOCUS ON THE FUTURE (Isaiah 43:18-19)

WHAT DOES GOD WANT TO DO WITH OUR REGRETS?

1. God wants to clean your conscience (Isaiah 1:8; Jeremiah 31:34)
2. God wants to change your character (II Corinthians 5:17)