

**RELEASING YOUR REGRETS**  
**Where Is God When It Hurts? – Part 6**  
**Pastor Bobby Garvin**

**REGRETS: WHAT DO WE NORMALLY DO WITH THEM?**

1. We usually \_\_\_\_\_ them (Psalms 19:12; Proverbs 28:13)
2. WE \_\_\_\_\_ OTHERS (Psalms 50:20)
3. WE \_\_\_\_\_ OURSELVES Up (Psalms 38:4-8)

**REGRETS: WHAT SHOULD WE DO?**

1. \_\_\_\_\_ IT (Psalms 51:3; 32:5)
2. \_\_\_\_\_ GOD'S FORGIVENESS (Romans 8:1; Psalms 103:3, 12 Isaiah 38:17; John 3:17)
3. FORGIVE YOURSELF AND \_\_\_\_\_ ON THE FUTURE (Isaiah 43:18-19)

**WHAT DOES GOD WANT TO DO WITH OUR REGRETS?**

1. God wants to clean your \_\_\_\_\_ (Isaiah 1:8; Jeremiah 31:34)
2. God wants to change your \_\_\_\_\_ (II Corinthians 5:17)