

## **The Light of Jesus for Your Darkest Days**

**Ecclesiastes 11:8**

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**The Antidote: Turn to God's Light (I John 1:5; Genesis 1:1-4; John 12:46)**

### **HOW DOES THE LIGHT OF JESUS HELP ME IN DARK DAYS?**

- 1. Light can illuminate (Ephesians 5:13; John 8:12).**
  - **In the dark days, I need the light of Jesus when I can't see the way forward (Isaiah 50:10; Psalm 119:105, 19:8; Isaiah 42:16; Psalms 23:4).**
  
- 2. Light can disinfect (I John 1:6-9).**
  - **In the dark days, I need the light of Jesus when I want a clean start (II Samuel 22:29; Ephesians 5:8-9).**
  
- 3. Light can heal (Colossians 1:12-13).**
  - **In the dark days, I need the light of Jesus when I'm wounded and in pain (Psalms 69:29, 103:3).**
  
- 4. Light grows things (Ephesians 1:17-18).**
  - **In the dark days, I need the light of Jesus to change me for the better (Psalms 36:9; John 8:12, 10:10; II Corinthians 4:16; I John 2:8).**