

Back on Track: Daily Steps to a Vibrant Faith

My Night: Ending my Day with God (Jeremiah 15:19; Psalm 127:2)

How to Find Rest and End My

Day with God:

1. I leave _____ at
_____ (Colossians 3:23;
Matthew 6:34).

2. I _____ on my
day with a _____ heart
(I Thessalonians 5:18;
I Chronicles 16:34).

3. I _____ a healthy
_____ (James 4:8; Psalm 1:2).

4. I end my _____ with God (Psalm 4:8; Matthew 11:28).

